The First Days of Class: Getting off on the Right Foot!

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Session Overview

- Part I: Preparing For Class
- Q&A
- Part II: Handling The First Day!
- Q&A
- Final Discussion and Session Conclusion
Part I: Preparing For Class

- The “P&O”: Preparation and Organization are key!
Preparing For Class

- Be familiar with the material you will be teaching.
- Meet with your instructor.
- Be familiar with the classroom locations and what each room has available (AV equipment, layout, boards, etc.).
Preparing For Class

- Get your material ready.
- Create a contact list of students and update it when new students arrive.
- Stay organized and keep a schedule.
How to Channel Excitement and Handle Anxiety!!

- Smile, relax, and communicate clearly.
- Take ten deep breaths and pause when necessary.
- Vary tone, gestures, talking speed, and room position.
First Q&A Period!
Part II: Handling the First Day!

- Dress well
- Be on time!
- Greet your students: *A warming welcome!*
- Introduce yourself!
Handling the First Day!

- Use an icebreaker that will take the pressure off you.
- Inform the students about the course
- Specify your expectations
Handling the First Day!

- Be enthusiastic and make eye contact!
- Tell them that you are ready to help.
Second Q&A Period!